

BELLYDANCE RETREAT IN CRETE – INFO PACK

Plakias, Crete | September 17–22, 2025

BY HARA NAWAAR



WELCOME!



Join us for four unforgettable days of dance, music, and Mediterranean energy in the south of Crete. This retreat is designed for dancers of all levels who want to sharpen their skills, relax by the sea, and enjoy the best of Cretan life.

You'll dance, learn fresh choreographies, train with professional musicians, and take time to simply breathe, rest, and recharge.



RETREAT DATES & LOCATION



Dates: September 17–22, 2025



Location: Plakias, Crete (South Coast)

YOU HAVE THE POSSIBILITY TO JOIN ME IN PLAKIAS FROM 15.9.2025 !

Nearest Airport: Chania International Airport (CHQ)

Plakias is a small, picturesque village right by the sea, surrounded by beaches, mountains, and authentic Greek tavernas.

The dance studio is located just steps away from the beach, and all accommodation available through me, is within walking distance.



RETREAT PROGRAMME — DAY BY DAY

Day 1 – Thursday, Sept 18

Optional mini excursion to a close-by magical beach and lunch

- ✓ Welcome Circle & Pilates stretch at the beach (17.30–19:00)
- ✓ Welcome live music night (20:00) with Hara's musician friends from Heraklion!

Day 2 – Friday, Sept 19

10:00 – Hara Nawaar
12:00 – Chronis Taxidis
14:30 – Delicious Cretan Lunch
Free Time - beach time
20:00 – Optional music jam & drinks

Day 3 – Saturday, Sept 20

10:00 – 11.00 Hara
11.00 - 12.00 – Ismini's signature technique
12.00 - 14.00 - Ismini Choreo
14:30 – Delicious Cretan Lunch
Free Time
19.30 Group dinner (optional)
21.00 – Optional music jam & drinks

Day 4 – Sunday, Sept 21

10:00 – Chronis Taxidis
12:00 – Bozenka
14:30 – Delicious Cretan Lunch
Free Time
19.30 Group dinner (optional)
21.00 – Optional music jam & drinks

WHAT'S INCLUDED

- ✓ 12 hours of bellydance classes, Opening circle & 1 hour Pilates.
- ✓ Live music session with Chronis Taxidis
- ✓ Welcome live music night (drinks / food not included)
- ✓ Airport transfer from airport (Chania) to Plakias on wednesday 17th and Plakias to Airport (Chania) on Monday 22nd (Norwegian direct flights)
- ✓ Small group (max 16 participants)



🚫 What's Not Included

- Flights
- lunches & dinners
- Travel insurance
- Optional excursions or personal expenses




PRICING & BOOKING

Retreat Price

Early Bird (until June 30): €400

Regular Price (from July 1): €450

 The retreat starts on Thursday, Sept 18 (arrival & welcome), and ends Sunday, Sept 21.

Accommodation (Optional)

Accommodation is not included in the retreat price.

You can either:

 Book through us:

€150- €200 per person for 5 nights in hand-picked hotels, all within walking distance of the dance studio and beach.

(Shared or private options available depending on booking order.)

 Or book your own stay nearby if you prefer


Want to Arrive Early?

Planning to come earlier?

Arrive as early as Monday, September 15 — I'll personally pick-up up to 4 dancers at a time and help you settle in and arrange accommodation.

Perfect if you want to unwind before we begin!

Additional Info

 €150 deposit secures your spot

 Payment plans available

 Companions welcome

 Max 16 participants

 Minimum 6 persons for the retreat to happen

How to Book

To reserve your spot or ask any questions:

 Email: thequeen@haranawaar.com

 Website: www.haranawaar.com

 Or DM me on Instagram @[haranawaar_bellydance](https://www.instagram.com/haranawaar_bellydance)

MORE INFO

Who Is This For?

This retreat is open to intermediate (at least 1 year in bellydance) - advanced dancers.

You will:

- ✓ Improve your technique & prop skills
- ✓ Train new choreographies
- ✓ Learn fresh, modern combinations & musicality
- ✓ Enjoy time for yourself — to dance, swim, rest & explore



Travel Info

Nearest Airport: Chania International Airport (CHQ)

Transfer from Chania airport to Plakias is included in the retreat price.

Arrival:

There is a direct flight from Helsinki to Chania on Wednesday 17.9.2025 and also on Monday 15.9.2025

Departure:

Retreat ends Sept 21 and there is a direct flight back on Monday 22nd (transfer to airport included in the price)

In case you want to arrive/leave another day we can help coordinate shared taxis or transfers.

Rent a Car in Crete

In case you wish to have complete freedom on your schedule and moves, & to explore the magical paradise-like beaches close to Plakias , renting a car could be an option! Prices are cheap for that period starting from 100 euro for 4 days for a small car .



💖 **What to Bring**

- Comfortable dance clothes
- Towel for 1st day pilates
- Swimsuit, beach towel & sunscreen
- Light jacket for evenings
- Zills (we may play along with Chronis!)
- Your best energy & open mind

✉️ **How to Book**

Ready to join us?

To reserve your spot, request payment details or ask questions:

✉️ Email: thequeen@haranawaar.com

🌐 Website: www.haranawaar.com

☎️ Just call : 🇫🇮 00358505378355 / 🇸🇪 00306936833008

OR whatsapp my finnish number!

Limited spots (max 16 participants).

RETREAT RULES

CANCELLATION & TRANSFER POLICY

The retreat fee is non-refundable if you cancel your participation for any reason.

However, if you're unable to attend, you're welcome to transfer your spot to another dancer. We kindly ask that you send us the new participant's full name, country, and email address no later than 7 days before the retreat begins.

In the unlikely event that the retreat is cancelled by the organizer, all fees will be fully refunded.

SCHEDULE

The retreat schedule shared on our website and in the welcome pack is indicative and subject to small changes depending on weather and group flow.

The total number of bellydance hours will not be affected.

INSURANCE & SAFETY

Participation in the retreat is at your own risk.

We are not liable for any injuries or illnesses during the event.

Travel and health insurance is not included – please make sure you have coverage for the duration of your stay.

COMPANIONS

Non-dancing companions are warmly welcome!

They can enjoy the same accommodation, meals, and excursions – just without the dance classes.

MEDIA CONSENT

By joining the retreat, you give permission for photos and videos taken during the event to be used for promotional purposes (social media, website, etc.).

If you prefer not to appear in any media, please inform us in writing before the event.

ACCOMMODATION OPTIONS THROUGH ME

1. Albatros Studio , 6 min walk from dance studio & beach / 150 euro p.p / 8.8 reviews score (3 rooms available)



2. Anemoni Studios, 6 min walking from studio & beach, 185 euro p.p / 9 review score (1 room available)



3. Galini Beach / location on the beach road / 7 min walk to studio, 1 min from the beach / 185 euro p.p / 8.8 review score (1 room available)



4. Helios / 14 min walk to studio, 2 min from the beach / 3-bed room / 131 euro p.p / 9.2 review score (1 room available)

